



Student and Parent Handbook

This handbook explains the Center's purpose, current schedule, and expectations for students and families. Review it together and keep it for reference. No signature or return form is required.

Our Vision

An empowered community living in Chardi Kala, meaning resilient optimism, practicing Sikh values taught in Guru Granth Sahib Ji, and working for Sarbat Da Bhala, the well-being of all.

Our Mission

Khalsa Gurmat Center helps students learn Sikh values, history, Gurbani, Gurmukhi, and Punjabi in a supportive environment. We aim to build respect, responsibility, confidence, leadership, and service.

Program Goals

- Build a meaningful relationship with Guru Granth Sahib Ji
- Learn Sikh teachings, history, and the Sikh way of life
- Read and write Punjabi using the Gurmukhi script
- Practice Seva, or selfless service, and take part in the Sikh community
- Grow into confident Sikh adults who are comfortable with their identity

Current Program

The school session generally runs from September through June.

- Assembly for prayer, reflection, and community participation
- Gurmat for Sikh teachings, values, history, and Gurbani
- Gurmukhi for reading and writing Punjabi
- Electives, with current topics shared by the admin team
- Guru Ka Langar, the community meal shared by everyone as equals
- Optional Turban and Self-Defense classes are offered after the main program. They are not electives.

Current Sunday Schedule

Arrive on time and follow any schedule updates from the admin team.

Time	Program
9:00 a.m.	Drop-off and morning snacks
9:15 to 10:15 a.m.	Assembly
10:15 to 11:15 a.m.	Gurmat
11:15 a.m. to 12:15 p.m.	Electives
12:15 to 1:15 p.m.	Gurmukhi
1:15 p.m.	Guru Ka Langar
1:30 to 2:30 p.m.	Turban and Self-Defense Class (optional)

Family Responsibilities

- Support regular attendance and arrive by 9:00 a.m.
- Tell the teacher or admin team if a student will be absent or late
- Ask students what they learned and help with assigned practice, reading, and homework
- Make sure students bring their school bag and required materials
- Stay current with Center announcements and get to know the teachers
- Collect missed work and help the student catch up
- Share concerns respectfully and work with the Center on solutions
- Model the conduct, service, and responsibility expected from students

Arrival and Dismissal

Drop-off and morning snacks begin at 9:00 a.m. Assembly begins at 9:15 a.m. The main program ends after Guru Ka Langar. Students not taking the optional Turban and Self-Defense Class leave after Langar. The optional class runs from 1:30 to 2:30 p.m.

Volunteer Service

Nishkam Seva is selfless service. Families are encouraged to help when they can. The admin team will share current volunteer needs and sign-up instructions.

Student Conduct and Safety

Students must treat people, learning spaces, and Center property with respect.

- No fighting, aggressive hitting, kicking, or pushing
- No threats, intimidation, bullying, or harassment
- No abusive language, threats, or deliberate disrespect toward staff or students
- No damage to walls, property, or Center materials
- No behavior that creates a safety risk or repeatedly disrupts learning

Staff may refer a student to the admin team. Parents or caregivers will be contacted when follow-up is needed. The Center and family may create a plan for safe participation. Families are responsible for damage caused by their student.

Contact Information

Contact the Center with questions, absence notices, volunteer interests, or concerns.

Email: wagurmatschool@gmail.com

Telephone: 425-429-2226

Policy Changes

The admin team approves policy and handbook changes. Approved updates will be shared with families. This handbook remains in effect until it is revised or replaced.

Family Review

Students and parents or caregivers should review this handbook together. Families are expected to follow current schedule, conduct, safety, communication, and program guidance. No signature or return form is required.